



Code	Metres	Code	Metres
A	55.00	M	0.15
B	45.70	N	3.66
C	22.90	P	5.00
D	0.30	Q	14.63
E	5.00	R	91.40
F	3.00	1	minimum 2.00
G	0.30	2	1.00
H*	4.975*	(1 + 2)	minimum 3.00
I*	9.975*	3	minimum 1.00
J	14.63	4	1.00
K	3.66	(3 + 4)	minimum 2.00
L	6.40		

\* Dimensions H and I are measured from the goal-post line and not from the goal-post itself; the dimensions from the goal-post are 5.00 metres and 10.00 metres respectively.